

## CONFIDENTIAL SKIN HEALTH QUESTIONNAIRE

### PATIENT/CLIENT INFORMATION

DATE \_\_\_\_\_  
 NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 HOME PHONE \_\_\_\_\_  
 WORK PHONE \_\_\_\_\_  
 CELL \_\_\_\_\_  
 EMAIL \_\_\_\_\_  
 OCCUPATION \_\_\_\_\_  
 REFERRED BY \_\_\_\_\_

### MEDICAL INFORMATION

DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_ FAMILY PHYSICIAN \_\_\_\_\_  
 DO YOU SMOKE? \_\_\_\_\_ HOW OFTEN? \_\_\_\_\_ LIVING WITH A SMOKER? \_\_\_\_\_  
 HAVE YOU BEEN TREATED FOR: (PLEASE CHECK)  
 ACNE  DEPRESSION  SKIN DISEASE  HIGH BLOOD PRESSURE  
 COLDSORES  DIABETES  CANCER  
 LIST OF ALL ALLERGIES/ALLERGIC \_\_\_\_\_  
 LIST ALL MEDICATIONS THAT YOU ARE CURRENTLY TAKING \_\_\_\_\_  
 ARE YOU PREGNANT? \_\_\_\_\_ TRYING TO GET PREGNANT? \_\_\_\_\_ HORMONE THERAPY? \_\_\_\_\_  
 ARE YOU PRONE TO COLD SORES? \_\_\_\_\_

### PERSONAL INFORMATION

CIRCLE YOUR CURRENT LEVEL OF STRESS:      1      2      3      4      5      6      7      8      9      10

CIRCLE YOUR NORMAL LEVEL OF STRESS:      1      2      3      4      5      6      7      8      9      10

HOW MANY OUNCES OF WATER DO YOU DRINK DAILY? \_\_\_\_\_ DO YOU TAKE SUPPLEMENTS/VITAMINS? \_\_\_\_\_

DO YOU EXERCISE? \_\_\_\_\_ IF SO, HOW OFTEN: \_\_\_\_\_ YOUR LAST SUNBURN? \_\_\_\_\_ DO YOU USE TANNING BEDS? \_\_\_\_\_

WHEN YOU GO OUT INTO THE SUN, DO YOU (CIRCLE CHECK ONE):

- ALWAYS BURN (I)  USUALLY BURN (II)  SOMETIMES BURN(III)  RARELY BURN (IV)  VERY RARELY BURN (V)  NEVER BURN (VI)

HAVE YOU EVER BEEN UNDER THE TREATMENT PLAN OF A:

- DERMATOLOGIST  PLASTIC SURGEON  ESTHETICIAN  WOULD YOU BE INTERESTED IN COSMETIC SURGERY? \_\_\_\_\_

IF YES, WHAT PROCEDURE? \_\_\_\_\_

ARE YOU CONCERNED ABOUT SKIN CONDITIONS ON YOUR BODY? (CHECK ALL THAT APPLY)

- SUN SPOTS  SKIN LAXITY  DRY / ROUGH

WHAT SKIN LINE ARE YOU CURRENTLY USING? \_\_\_\_\_

DO YOU USE A DAILY ENVIRONMENTAL PROTECTION PRODUCT (SUNBLOCK)? \_\_\_\_\_ IF NOT, WHY? \_\_\_\_\_

CIRCLE HOW YOU FEEL ABOUT THE OVERALL QUALITY OF YOUR SKIN:

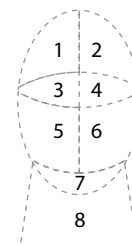
(BAD)    1    2    3    4    5    6    7    8    9    10    (FANTASTIC)

YOUR SKIN TYPE IS? (PLEASE CHECK ONLY ONE):

- NORMAL  DRY/DEHYDRATED  OILY  ACNE/ACNE PRONE  ROSACEA

IN ORDER OF IMPORTANCE, PLEASE RANK 1 (MOST IMPORTANT) TO 5 (LEAST IMPORTANT) IMPROVEMENT IN THE NEXT 30 DAYS:

\_\_\_\_ REDUCTION OF FINE LINES      \_\_\_\_\_ ACNE SCARS DIMINISHED  
 \_\_\_\_ REDUCTION OF BROWN SPOTS/SUN DAMAGE      \_\_\_\_\_ REDUCTION OF REDNESS  
 \_\_\_\_ REDUCTION OF OIL/ACNE



- 1 LEFT FOREHEAD       5 LEFT CHEEK  
 2 RIGHT FOREHEAD       6 RIGHT CHEEK  
 3 LEFT EYE AREA       7 CHIN  
 4 RIGHT EYE AREA       8 NECK

### TREATMENT PLAN (TO BE COMPLETED BY PHYSICIAN/ESTHETICIAN)

PROFESSIONAL TREATMENT RECOMMENDATION

- ORMEDIC LIFT       LIGHTENING LIFT PEEL       ACNE LIFT PEEL       IMAGE PERFECTION LIFT PEEL  
 SIGNATURE LIFT       WRINKLE LIFT PEEL       BETA LIFT PEEL       TCA ORANGE PEEL

THANK YOU FOR COMPLETING THIS CONFIDENTIAL QUESTIONNAIRE.  
 THIS INFORMATION WILL ALLOW YOUR PROFESSIONAL SKIN CARE SPECIALIST TO PROVIDE THE OPTIMUM IMAGE PRODUCTS AND SERVICES.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

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## TREATMENT (Please initial by each statement)

\_\_\_\_\_ The treatment was explained to me in detail.  
 \_\_\_\_\_ The benefits of what I can realistically expect to see from my Clinical Peel have been fully explained to me.

## TREATMENT (Please select one)

\_\_\_\_\_ ORMEDIC LIFT  
 \_\_\_\_\_ SIGNATURE LIFT  
 \_\_\_\_\_ LIGHTENING LIFT  
 \_\_\_\_\_ WRINKLE LIFT  
 \_\_\_\_\_ ACNE LIFT  
 \_\_\_\_\_ BETA LIFT  
 \_\_\_\_\_ IMAGE PERFECTION LIFT  
 \_\_\_\_\_ TCA ORANGE PEEL

## SKIN CONDITION (Please select all that apply)

\_\_\_\_\_ SUPERFICIAL WRINKLES, FINE LINES  
 \_\_\_\_\_ DEEP WRINKLES, FINE LINES  
 \_\_\_\_\_ ACNE OR ACNE PRONE  
 \_\_\_\_\_ DEEP HYPERPIGMENTATION (SUN OR BROWN SPOTS)  
 \_\_\_\_\_ SEVERE PHOTOAGING  
 \_\_\_\_\_ ROSACEA  
 \_\_\_\_\_ DEHYDRATION  
 \_\_\_\_\_ ACNE SCARS  
 \_\_\_\_\_ UNBALANCED

## PRECAUTIONS (Please Read Carefully)

**The Treatment** you will receive is a clinical treatment designed to exfoliate or remove the outer layers of the skin.  
**Your participation** in your skin care treatments will determine the outcome. It is important that you strictly adhere to your home care products that your esthetician has recommended.  
**No guarantee** is expressed or implied as to the precise results, peeling times or discomfort.  
**During the treatment**, you may experience some temporary stinging or warm flushing. This will fade within a few minutes. During the next few hours, you may experience some tightening of the skin, which may last for several days.  
**For most patients**, flaking begins within 48 hours. It is impossible to pre-determine how much peeling will occur. The shedding process usually subsides within 5-7 days.  
**Depending on the clinical peel** performed and your skin quality, the following reactions may occur in some patients:  
 1) Prolonged redness, irritation & flakiness 2) Dryness and sensitivity 3) Severe allergic reactions in rare instances

## PLEASE INITIAL (Please Read Carefully)

_____ I AM NOT PREGNANT.**	_____ I DO NOT HAVE ACTIVE COLD SORES.
_____ I AM NOT ALLERGIC TO ASPIRIN.	_____ I HAVE NOT RECEIVED RADIATION TREATMENTS.
_____ I HAVE NOT USED GLYCOLIC FOR 24 HRS.	_____ I AGREE IT IS MANDATORY TO USE IMAGE POST PEEL KIT.
_____ I HAVE NOT USED RETINOL PRODUCTS FOR 72 HRS.	_____ I AGREE TO AVOID DIRECT SUN EXPOSURE FOR 2 WEEKS.
_____ I HAVE NOT TAKEN ACCUTANE IN THE PAST YEAR.	_____ I AGREE TO NOTIFY DR/AESTHETICIAN OF ANY CONCERNS.
_____ I AGREE NOT TO PICK, PEEL, OR SCRATCH THE SKIN DURING HEALING PHASE.	_____ I AGREE TO APPLY IMAGE PREVENTION+.
_____ I AGREE THERE MAYBE CRUSTING & SHEDDING OF SKIN.	_____ I AGREE NOT TO WAX FOR 7 DAYS PRE/POST TREATMENT.
_____ A PRIOR PATCH TEST HAS BEEN GIVEN TO ME TO RULE OUT ANY ALLERGIC TENDENCIES.	_____ I AGREE TO FOLLOW UP WITH SCHEDULED APPOINTMENT.
_____ I AGREE THAT I CURRENTLY DO NOT USE HYDROCORTISONE.	_____ I AGREE NOT TO USE RETIN-A PRODUCTS 5 DAYS PRE/POST TREATMENTS
** EXCEPTION ORMEDIC LIFT & SIGNATURE LIFT SAFE FOR PREGNANT WOMEN.	_____ I AM UNDER THE SUPERVISION OF A PHYSICIAN AND HAVE DISCUSSED THE TREATMENT PLAN WITH MY PHYSICIAN.

## CONSENT (Please sign)

I hereby give my consent and authorization voluntarily and release \_\_\_\_\_ (Name of business) from any claims, implied or stated that I have or may have in the future with this treatment, regardless of result. I am stating that the treatment and precautions above have been explained to me in detail and that I fully understand.

CLIENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

WITNESS: \_\_\_\_\_ DATE: \_\_\_\_\_